

Lillypad

Lillypad is a newsletter of Lotus Place CQ.
Lotus Place is a dedicated support service and resource centre for adults who experienced childhood abuse in an institutional setting.



www.lotusplace.org.au | Central Queensland | February 2019

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February 2019

It is pleasing to note that the British Government is making available an ex gratia payment for Former British Child Migrants. Information on the payment is included in this newsletter. The scheme is being managed by the Child Migrants Trust, and their contact details are also enclosed in the information sheet.

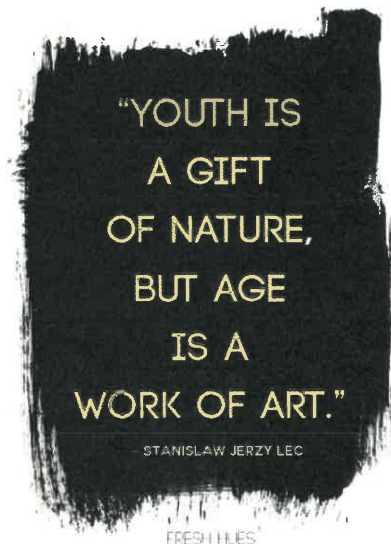
Our lunches and regular morning teas have recommenced. Please let us know if you are planning on attending a lunch. This ensures that we order enough food for attendees.

As previously discussed, Selena was not able to attend the Bundaberg morning tea for February due to work requirements. However, this has changed, and Selena will now be there Thursday 28.01.2019. Sorry for any inconvenience this may have caused.

Tamaine will be on leave from the 19th February – 21st February. Morning tea will still occur Tuesday 19th February. Drop-in at the office will not be available during this time. The phones will still be operational, so if you have any concerns, please call us on 4927 7604.

We have had a couple of requests to receive this newsletter via email instead of mail, Email is good for the environment (less paper) and also cuts our costs. If you would like to receive future newsletters by email please email Tamaine at Tamaine.wooley@micahprojects.org.au, with the email address you would like us to send it too.

Photo Gallery



"ONE IS A GREAT DEAL LESS ANXIOUS IF ONE FEELS PERFECTLY FREE TO BE ANXIOUS, AND THE SAME MAY BE SAID OF GUILT."

— Alan Wilson Watts

In an article published on the Very Well Mind website in 2018, Professor Matthew Tull explained "Grounding is a particular type of coping strategy that is designed to "ground" you in, or immediately connect you with, the present moment. Grounding is often used as a way of coping with flashbacks or dissociation when you have post-traumatic stress disorder (PTSD)".

For further information about grounding techniques visit

<https://www.verywellmind.com/>

Grounding Techniques

Look around you. Identify and name:

5 things you **see**

4 things you **feel**

3 things you **hear**

2 things you **smell**

1 thing you **taste**

Upcoming Events

BUNDABERG

Morning Tea

4th Thursday of each month at the Spotted Dog Tavern - 10:30am

Upcoming morning tea: Thursday 28th February 2019

ROCKHAMPTON

Morning Tea

Every Tuesday at Lotus Place CQ - 10am (except when lunch is served)

Lunch

1st Tuesday of each month at Lotus Place CQ - 12pm

Upcoming lunch: Tuesday 5th March 2019

RSVP by: Tuesday 29th February 2019

Centrelink visit

1st Wednesday of each month at Lotus Place CQ - 10am

However, in March, Centrelink will be here on Thursday

Upcoming visit: Thursday 7th March 2019

Phone: 4927 7604 to book an appointment

CQ Legal Centre visit

2nd Wednesday of each month at Lotus Place CQ - 10am

Upcoming visit: Wednesday 13th March 2019

Phone: 4927 7604 to book an appointment



The first grant round in 2019 will be in March. Grant applications will be assessed by the Board of Advice on Thursday, 28 March 2019. All grant applications are to be submitted to the Executive Officer by no later than Friday, 8 March 2019.

For more information about the Forde Foundation and to find out if you are eligible to apply for a grant, visit The Forde Foundation website: www.fordefoundation.org.au or phone 1800 674 256



The lotus flower has its origins and roots in the muddy waters below the surface, yet above the water it is a beautiful resilient flower.

After a consultative process the Lotus Flower was chosen as both a metaphor and image to represent the journey from adversity to hope.

Lotus Place CQ

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Phone [07 4927 7604](tel:0749277604)
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Open hours – Monday to Thursday 8.30am – 2pm
Call during business hours for support and referral over the phone

Lotus Place CQ is an activity of Micah Projects



MICAH PROJECTS

Breaking Social Isolation
Building Community



HISTORICAL ABUSE NETWORK

FOR PEOPLE WHO EXPERIENCED ABUSE
IN INSTITUTIONS, FOSTER CARE & DETENTION



HM Government

EX-GRATIA PAYMENT SCHEME FOR FORMER BRITISH CHILD MIGRANTS:

Introduction

The Independent Inquiry into Child Sexual Abuse (IICSA) Interim Report and its report on Child Migration Programmes were both published in Spring 2018.

The Inquiry recommended that the UK Government establish a financial redress scheme for surviving former British child migrants on the basis that they were exposed to the risk of sexual abuse.

On 19th December the Government published its response to the Inquiry. The response announced that the Government would establish an ex-gratia payment scheme for former British child migrants, in recognition of the fundamentally flawed nature of the historic child migration policy.

This note provides further detail of the payment scheme.

Aim:

The payment is being made in recognition of the exceptional and specific nature of the historic Child Migration Policy. It is payable to all former British child migrants, regardless of whether they suffered abuse, in recognition of the fundamentally flawed nature of the historic Child Migration Programmes and in line with the recommendation in IICSA's report.

Eligibility:

The scheme is open to any former British child migrant who was alive on 1 March 2018, or the beneficiaries of any former child migrant who was alive on 1 March 2018 and has since passed away.

The ex-gratia payment will be payable to all applicants regardless of their individual circumstances, including the receipt of payments received from other Governments or through private legal action.

Conditions:

The claimant must have been a child migrant sent from the United Kingdom and Crown Dependencies (England, Wales, NI, Scotland, Channel Islands and the Isle of Man).

In addition, the claimant must have been sent by a church, state, voluntary or other organisation to one of the receiving countries (Australia, New Zealand, Canada and Zimbabwe/former Rhodesia) and must not have been accompanied by an adult family member, or sent to live with a member of their birth family.

Amount:

Each eligible former child migrant will receive a payment of GBP £20,000.

Process:

All applications will be handled by the Child Migrants Trust, who will support applicants in establishing their identity as former British child migrants, which will be necessary in order to receive a payment.

All payments will be administered by the NHS Business Services Authority. Only that information required to confirm the status and identity of the former child migrant and to make a payment will be required, and personal information will be managed in line with the requirements of the General Data Protection Regulation.

Evidence:

The Child Migrants Trust's information about former child migrants, gained in their work with individual former child migrants to establish their identity for the purposes of confirming their nationality to make use of the Family Restoration Fund, to access other countries' redress schemes or for other statutory purpose will form the basis of proof of their eligibility for payment. Further details will be provided with the application form, in due course.

Further details will be provided when the scheme opens for applications. In the meantime, examples of the types of accepted documentation can be found at: <https://www.gov.uk/government/publications/proof-of-identity-checklist/proof-of-identity-checklist>

Other/previous payments:

We will not take into account any payments that a former child migrant may have received from any other scheme, or private claim, in any country.

Geography:

The ex-gratia payment scheme will cover the whole of the UK, regardless of the UK nation from which the former child migrant was sent.

Length:

The Child Migrants Trust will start accepting applications from 1 March 2019 and the formal scheme will remain open for two years from its launch. Later claims will be considered on a case by case basis and a late claim will not affect eligibility for or the amount of the payment.

Background:

The Inquiry reports correctly stated that “post-War child migration was a fundamentally flawed policy”. The Government has long acknowledged and accepted that assessment at the time of the national apology in 2010 and in fact went further, calling it a “shameful episode of history and this failure in the first duty of a nation, which is to protect its children”. Since the experiences of child migrants were first identified by Margaret Humphreys in the 1980s, and following the report by the Health Select Committee in 1998, the Government has accepted that there was never a place for child migration in the way the nation cares for its children.

Contact:

If you need advice about the Payment Scheme, please contact the Child Migrants Trust: enquiries@childmigrantstrust.com

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