

# August 2020

Mon	Tue	Wed	Thu	Fri
3 NOTE: Subject to Change due to COVID19 # Can link in by phone * Not at Stones Corner	4 <b>Morning Tea</b> 9.30 – 11am <b>Aging to Perfection</b> 10am <b>Tai Chi Group</b> with Rod 2pm – 3pm	5	6 <b>Dance &amp; Movement</b> 11am – 12.15pm <b>Gold Coast Group*</b> 11am-2pm <b>Lotus Art Group#</b> 1pm – 3pm	7 <b>Mindful Movement</b> 10am-11am <b>Homes' Get Together</b> Warilda, Westbrook, Wilston & Foster Care 12pm – 2pm
10 <b>Creative Writing#</b> with Edwina 10am – 12pm <b>Gympie Group*</b> 11.30 – 1.30pm	11 <b>Morning Tea</b> 9.30 – 11am <b>Hairdresser</b> by appointment 10am -12pm <b>Guitar Group</b> Intermediate players 1.00pm – 2.00pm <b>Tai Chi Group</b> with Rod 2– 3pm	12	13 <b>Dance &amp; Movement</b> 11am – 12.15pm <b>Lotus Art Group #</b> 1pm – 3pm	14 <b>Mindful Movement</b> 10am-11am
17 <b>Creative Writing#</b> with Edwina 10am – 12pm	18 <b>Morning Tea</b> 9.30 – 11am <b>Tai Chi Group</b> with Rod 2pm – 3pm	19	20 <b>Dance &amp; Movement</b> 11am – 12.15pm <b>Lotus Art Group #</b> 1pm – 3pm	21 <b>Mindful Movement</b> 10am-11am
24 <b>Creative Writing#</b> with Edwina 10am – 12pm	25 <b>Morning Tea</b> 9.30 – 11am <b>Guitar Group</b> Intermediate players 1.00pm – 2.00pm <b>Tai Chi Group</b> with Rod 2pm – 3pm	26	27 <b>Dance &amp; Movement</b> 11am – 12.15pm <b>Lotus Art Group #</b> 1pm – 3pm	28 <b>Mindful Movement</b> 10am-11am
31 <b>Creative Writing#</b> with Edwina 10am – 12pm				

>>DUE to COVID19 Please confirm before attending Lotus Place – for all groups and appointments. Thank you<<