

February 2021

| Mon | Tue | Wed | Thu | Fri |
|---|---|---|--|---|
| 1 10am Creative Writing with Edwina | 2 Morning Tea 9.30 - 11.30am 10.30 Guest Speaker – AVP 2pm Tai Chi Group | 3 1pm Guitar Group Intermediate | 4 11am Dance & Movement 1pm Lotus Art Group Gold Coast Group | 5 10am Mindful Movement |
| 8 12.30pm – 2pm Creative Writing with Edwina Gympie Group | 9 Morning Tea 9.30 - 11.30am Craft Activity - 2pm Tai Chi Group | 10 | 11 12-1pm Dance & Movement 1pm Lotus Art Group | 12 EVENT 10am Apology 2021 QPAC Concert Hall Foyer |
| 15 10am Creative Writing with Edwina | 16 Morning Tea 9.30 - 11.30am 11am Art Project Round Table Discussion (to be confirmed) 2pm Tai Chi Group | 17 | 18 11am Dance & Movement 1pm Lotus Art Group | 19 9.30am Mindful Movement 11.00am Ageing to Perfection Group (monthly) |
| 22 12.30pm – 2.30pm Creative Writing with Edwina | 23 Morning Tea 9.30 - 11.30am 10.30 Bingo 2pm Tai Chi Group | 24 | 25 12-1pm Dance & Movement 1pm Lotus Art Group | 26 |