

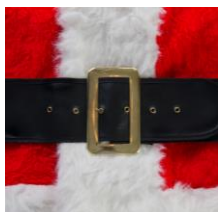
Lillypad is a newsletter of Lotus Place NQ.  
Lotus Place is a dedicated support service and resource centre for adults who experienced childhood abuse in an institutional setting.



[www.lotusplace.org.au](http://www.lotusplace.org.au) | North Queensland | December 2022 & January 2023

Thanks & Merry Christmas | Christmas Closure | Outreach Update | Redress Update  
Christmas Party Photos | Support for Christmas | Christmas Puzzles  
| December & January at a Glance

## Thank You & Merry Christmas



Lotus Place NQ would like to thank everyone that has come along to our drop-in sessions, peer support groups, events and luncheons this year. We have had the opportunity to reconnect with a lot of you and it has been amazing to hear your stories and support you through this journey. We hope you all have a relaxing christmas and safe new year. We hope to see you all again in 2023!

## Christmas Office Closure – Lotus Place NQ

Our office will be **closed** from 12pm on Thursday 22<sup>nd</sup> December 2022.  
We will **reopen** on Monday 9<sup>th</sup> January 2023.

For any urgent concerns during this time, you can contact our Brisbane team on 07 3347 8500 and they will assist where they can.

If you or anyone you know is struggling at any time, please reach out to The Salvation Army on 13 72 58 or Lifeline on 13 11 14.



## Outreach Update for December 2022 & January 2023

There will be no outreach for December 2022 or January 2023 as staffing is limited during this time. We will be back in the regions from February 2023. All dates for next year will be sent out in the February 2023 Lillypad. Keep an eye out.

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## Christmas Party Photos - Thank you to everyone that attended this year!

### TOWNSVILLE



Alan, Amy & Jo



Jeanette, Mel, Dodie & Irene



Adam & friend



Christmas Cake by Bill & Mel



Bill doing some games



Clinton & Josie



## CAIRNS



Dominic & Kaz



Marjorie & the Elves



Clifford, Mary, Marjorie & Colleen



<- Cairns Group Shot

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## Support during the Christmas Break

We know Christmas time can be a struggle for some and to help support these trying times, Lotus Place NQ have put together a list of organisations that may be able to help you over the festive season with food relief and housing support.

### TOWNSVILLE & THE BURDEKIN

1. Althea Projects/Wee Care – Food parcels, Clothing and vouchers  
9 First Street, Railway Estate – Ph: 07 4772 4499
2. The Salvation Army Condon– Clothing, food and emergency relief support  
49-61 Beck Drive North, Condon – Ph: 1300 371 288
3. The Burdekin Support Centre – Emergency Relief (Food Hampers etc.)  
130 Queen Street, Ayr – Ph: 07 4783 3744
4. Townsville Food Pantry (ADRA) – Food assistance  
Community Hall, 127 Francis St, West End - Every Friday from 7am – 10:30am

### CAIRNS

1. The Salvation Army Manunda – Food, Clothing, Blankets etc.  
64 Hoare Street, Manunda – Ph: 1300 371 288
2. Manoora Community Centre – Food Parcels  
Call: 07 3367 4705 and speak with Melinda Rixon
3. Mareeba Community Centre – Food, Clothing etc.  
39 Byres Street, Mareeba – Ph: 07 4092 1948

For anyone in Townsville that is interested, The Salvation Army are holding a FREE Christmas Eve lunch in Condon at 49-61 Beck Drive North. You must let them know if you would like to go by calling 07 4417 4600. Lotus Place may be able to help with transport if needed.



## Christmas Wordsearch



Silent Night  
Miracle  
Savior  
Three Kings

Gold  
Nativity  
Angels  
Star

Rejoice  
Faith  
Baby Jesus  
Shepherd

## December 2022 – At a Glance

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
5	6 Townsville's Christmas Party	7	8	9 Cairns' Christmas Party	10	11
12	13 Peer Support Morning Tea from 10am	14	15	16	17	18
19	20 Peer Support Morning Tea from 10am	21	22 Office closed from 12pm	23 Townsville Office Closed	24 Salvation Army Christmas Eve Lunch	25 Christmas Day
26	27	28	29	30	31	
Boxing Day - Public Holiday	Townsville Office Closed	Townsville Office Closed	Townsville Office Closed	Townsville Office Closed	New Year's Eve	

## January 2023 – At a Glance

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31					1 New Years Day
2 Townsville Office Closed	3 Townsville Office Closed	4 Townsville Office Closed	5 Townsville Office Closed	6 Townsville Office Closed	7	8
9	10 Welcome Back - Peer Support Morning Tea from 10:30am	11	12	13	14	15
16	17 Peer Support - New Year's Lunch @ The Dalrymple Hotel - 11am	18	19	20	21	22
23	24	25	26	27	28	29
	Peer Support Morning Tea from 10:30am		Australia Day Public Holiday	Office Closed – Staff Training Session		



The lotus flower has its origins and roots in the muddy waters below the surface,  
yet above the water it is a beautiful resilient flower.

After a consultative process, the Lotus Flower was chosen as both a metaphor  
and image to represent the journey from adversity to hope.

#### **Lotus Place NQ**

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