

Lillypad is a newsletter of Lotus Place NQ.  
Lotus Place is a dedicated support service and resource centre for adults who experienced childhood abuse in an institutional setting.



[www.lotusplace.org.au](http://www.lotusplace.org.au) | North Queensland | November 2022

**Anniversary of the National Apology for Forgotten Australians |  
Outreach for November | Townsville Women's Centre | Save the Date Xmas Parties  
Reminder: Office Contact | Bad Joke of the month | November at a Glance**

## Anniversary of the National Apology for Forgotten Australians

November 16<sup>th</sup> 2022 marks 13 years since former Prime Minister Kevin Rudd made a formal apology on behalf of the nation to Forgotten Australians, and to former child migrants who had been subjected to appalling deprivations and abuse while growing up in 'out-of-home care' across Australia.

Lotus Place NQ will be putting on lunch and doing an acknowledgement of the formal apology so we hope you can come along.

<b>Date:</b>	Wednesday 16 <sup>th</sup> November 2022
<b>Time:</b>	11:30am
<b>Location:</b>	382 Sturt Street, Townsville (Lotus Place Office)

➤ *Please note: Drop in on Tuesday 15<sup>th</sup> will be Tea, Coffee & Biscuits only.*

## Outreach days for November

Please see the below table with dates, times and locations for November Outreach. If you have an idea for a location or venue, please let Mel or Marnie now.

<b>AYR</b>	Thurs 3 <sup>rd</sup> Nov. '22	ANZAC Park BBQ area from 11am – Pizza in the Park - (Next to the playgroup)
<b>CHARTERS TOWERS</b>	Thurs 10 <sup>th</sup> Nov. '22	Charters Towers RSL – 8 Prior Street, Richmond Hill - Meet for lunch from 11:00am
<b>CAIRNS</b>	Fri. 18 <sup>th</sup> Nov '22	Dunwoody's Hotel – 317 Sheridan St, Cairns – Meet for lunch from 11:00am



## The Women's Centre Townsville

North Queensland Combined Women's Services (NQCWS), known as The Women's Centre is a women only space, run by women for women.

They provide Women's Health information, Homelessness services, Sexual Assault support as well as hold Arts Classes, Support around completing documents, exercise classes and much more.

Bookings are essential for these classes so please give one of the friendly staff a call today for any further advice.

Address: 118 Charles Street, Aitkenvale (Cnr Charles and Nathan Sts)

Phone: (07) 4775 7555

Email: [nqcws@thewomenscentre.org.au](mailto:nqcws@thewomenscentre.org.au)

Website: <https://www.thewomenscentre.org.au>

*Art workshops  
with Karen*

Enjoy and learn!!  
Come along for art fun with local First Nations artist Karen Doolan.

When: Thursdays 9:30am to 3pm  
Where: The Women's Centre 118 Charles St.  
Aitkenvale 4775 7555

All women welcome  
No cost to the workshops

The Women's Centre  
safe space for women

## *The Women's Centre Writing Group*

A supportive group where women of all ages can write together and share their writing.  
No experience necessary. All styles. All abilities. All welcome.

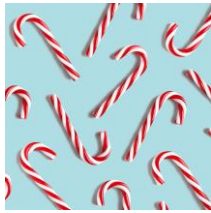
11.00 am - 12.30 pm on the 1st & 3rd Tuesday of each month at The Women's Centre.

Please bring something to write on (and maybe some writing to share) and a gold coin donation.

**For more information contact Barb 0419 361 988  
email: [babsann2011@live.com.au](mailto:babsann2011@live.com.au)**

**The Women's Centre  
(07) 4775 7555  
118 Charles St., Aitkenvale**

The Women's Centre  
safe space for women



## Save the Date!! – Christmas Parties

This year, we will be holding the Christmas parties in the first week of December. Everyone is welcome but **RSVP's are ESSENTIAL** so we can make sure we cater for everyone. Call to RSVP on 07 4722 8100. If you need transport assistance, please let the team know.

### TOWNSVILLE

<b>DATE:</b>	Tuesday 6 <sup>th</sup> December 2022
<b>TIME:</b>	11am till 2pm
<b>LOCATION:</b>	Tom's Tavern - Nathan Street, Aitkenvale
<b>MENU:</b>	Roast Buffet Lunch – Soft drinks provided

### CAIRNS

<b>DATE:</b>	Friday 9 <sup>th</sup> December 2022
<b>TIME:</b>	11:30am till 2:30pm
<b>LOCATION:</b>	Czalys Cairns - 344 Mulgrave Drive,
<b>MENU:</b>	Selected Menu Lunch – Soft drinks provided

## Reminder - Office Hours & Phone Calls



Just a reminder that we aren't always at our desk or in the office. We do go out to support people in the community, which can cause the phones to be unattended.

If you do call and we don't answer, please leave a message and we will get back to you as soon as we can. We are here to help everyone and apologise if we cause any inconvenience.

Our Office is open from 9am till 3pm Monday to Thursday & 9am till 12pm on Friday.

We are closed all public holidays & weekends.

## Bad Joke of the Month



**How do you make a tissue dance?**

*You put a little boogie in it!*

## November 2022 – Dates to Remember

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Peer Support - Melbourne Cup Theme Lunch from 11:30am	2	3 Ayr Outreach	4	5	6
7	8 Peer Support – Morning Tea from 10am	9	10 Charters Towers Outreach	11	12	13
14	15 Peer Support – Come for a Cuppa	16 Anniversary of the National Apology – Lunch from 11am	17	18 Cairns Outreach	19	20
21	22 Peer Support – Morning Tea from 10am	23	24	25	26	27
28	29	30				
	Peer Support – Lunch from 11am					



The lotus flower has its origins and roots in the muddy waters below the surface, yet above the water it is a beautiful resilient flower.

After a consultative process, the Lotus Flower was chosen as both a metaphor and image to represent the journey from adversity to hope.

**Lotus Place NQ**

382 Sturt Street, Townsville Q 4810

PO Box 2027, Townsville Q 4810

Phone [07 4722 8100](tel:0747228100) or [1800 16 11 09](tel:1800161109)

[lotusnq@micahprojects.org.au](mailto:lotusnq@micahprojects.org.au) | [www.lotusplace.org.au](http://www.lotusplace.org.au)