

Lillypad

Lillypad is a newsletter of Lotus Place NQ.
Lotus Place is a dedicated support service and resource centre for adults who experienced childhood abuse in an institutional setting.



www.lotusplace.org.au | North Queensland | May 2021

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WELCOME

Hi Folks and Welcome to the June Lillypad 2021.

NRL Footy Tipping Competition 2021

The NRL season is in full swing with some great tipping happening with a few participants getting 7 out of 8 in their weekly tipping. The current leader board after round 11 is as follows.

Bill 49
Renea 48
Tracey H 48
Misty 47

Wonder who is going to take out the 2021 Tipping this year!!



What's on

Migi Yarn Circle is an Aboriginal and Torres Strait Islander women's group that gathers to engage in Library resources, cultural

activities/discussions and sharing community information.

Bookings are required – to book call 47738811 this is a free even suitable for all ages



Tasty Time Nutrition Workshops; Join in the fun of learning, creating and tasting with local fruit & Vegetable at the Women's Centre. Workshops are delivered by a Qualified Dietician and Nutritionist who will highlight the importance of eating well and show you easy ways to include more fruit and veg in your family meals. Call the Women's Centre on 4775 7555 for more information.

**When – 29 April – 17 June 2021 10.00am – 11.30am
Every week on Thursday, until June 2021
Suitable for all ages and it's free of charge, at the Women's Centre 118 Charles Street, Aitkenvale QLD 4814**

Upcoming Events: June 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

What do YOU want to see in YOUR newsletter?

We want to hear from YOU. This newsletter is your voice. Is there something you want to share? Send in your photographs, paintings, any newspaper articles you may have come across; a poem you wrote or a thought you had, and we will put it in the next newsletter.

If you have something, you would like to share with the Lotus Place community, please contact us on (07) 4722 8100 or lotusnq@micahprojects.org.au



The lotus flower has its origins and roots in the muddy waters below the surface, yet above the water it is a beautiful resilient flower.

After a consultative process, the Lotus Flower was chosen as both a metaphor and image to represent the journey from adversity to hope.

Lotus Place NQ

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lotusnq@micahprojects.org.au | www.lotusplace.org.au

Open hours – Monday Tuesday Thursday Friday 9am – 3pm; Wednesday 12pm – 3pm

Call anytime for support and referral over the phone

Lotus Place is an activity of Micah Projects

