

November 2020

Mon	Tue	Wed	Thu	Fri
2 0am Creative Writing with Edwina	3 Ageing to Perfection Morning Tea 9.30 - 11.30am 2pm Tai Chi Group	4 1pm Guitar Group Intermediate	5 11am Dance & Movement 1pm Lotus Art Group	6 Mindful Movement 10am-11am
9 10am Creative Writing with Edwina	10 Morning Tea 9.30 - 11.30am Marbled pots with Deb 2pm Tai Chi Group	11	12 11am Dance & Movement 1pm Lotus Art Group	13 Mindful Movement 10am-11am
16 Anniversary of the National Apology	17 Morning Tea 9.30 - 11.30am 2pm Tai Chi Group	18	19 11am Dance & Movement 1pm Lotus Art Group	20 Mindful Movement 10am-11am
23 10am Creative Writing with Edwina	24 Morning Tea 9.30 - 11.30am 2pm Tai Chi Group	25	26 11am Dance & Movement 1pm Lotus Art Group	27 Mindful Movement 10am-11am
30 10am Creative Writing with Edwina			PLEASE NOTE: All Activities are Subject to Change due to COVID19 restrictions! BOOKINGS ARE ESSENTIAL	